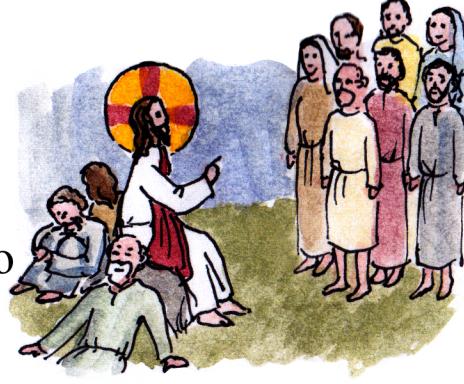


# When Jesus Was Tired...

The apostles were tired when they came back from their mission trip, so Jesus took them across the lake to a quiet place to have a rest.



But the other people saw where they were going and got there ahead of them! Jesus saw that these people were like sheep without a shepherd, so He felt sorry for them. Even though He was tired and hungry He decided to teach the people who needed Him, without taking a rest.

Have you ever been asked to help someone when you were tired? It isn't easy, is it? But we can learn from Jesus that no matter how tired we are, we should still be ready to help others who are in need.



GOOD SHEPHERD  
side, that, me, spread, sight, head, overflows, Lord.  
Answers to Psalm 23 Word Puzzle: green, soul, for, dark,

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# The Kids' Bulletin

16th Sunday in Ordinary Time  
Sunday July 22, 2018



*In today's Gospel reading, Jesus wanted to take the tired apostles across the lake to rest in a quiet place. But the people saw where Jesus was going and ran ahead. See if you can find their path through the maze.*

Mark 6:30-34

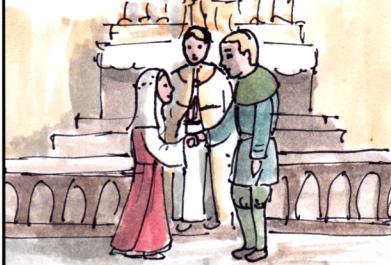
# Saint Bridget of Sweden

## July 23

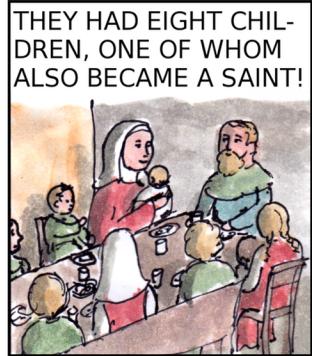
BRIDGET WAS THE DAUGHTER OF A WEALTHY CHRISTIAN FAMILY IN SWEDEN IN THE 1300'S. SHE WAS RAISED BY A DEVOUT AUNT.



AT THE AGE OF 13 SHE WAS MARRIED TO A GOOD MAN NAMED ULF.



THEY HAD EIGHT CHILDREN, ONE OF WHOM ALSO BECAME A SAINT!



Maybe you should talk to your husband about the criminal...

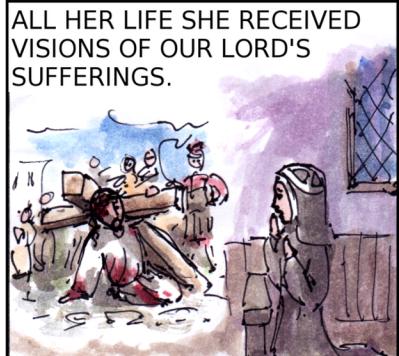


WHEN ULF DIED BRIDGET STARTED AN ORDER AND BECAME A NUN.



Now I will serve God alone...

ALL HER LIFE SHE RECEIVED VISIONS OF OUR LORD'S SUFFERINGS.



BRIDGET SPENT THE REST OF HER LIFE DOING PILGRIMAGES AND GIVING ADVICE TO THE LEADERS OF COUNTRIES AND THE CHURCH.



BRIDGET HAD A GREAT DEVOTION TO OUR LORD'S SUFFERINGS. SHE WROTE WHAT HE SHOWED HER IN VISIONS, AND SHE ENCOURAGED PEOPLE TO THINK ABOUT HIS SUFFERING. WE SHOULD TAKE A LITTLE TIME EVERY DAY TO LOOK AT A CRUCIFIX AND THINK ABOUT HOW MUCH OUR LORD LOVES US.

## Psalm 23 Word Puzzle

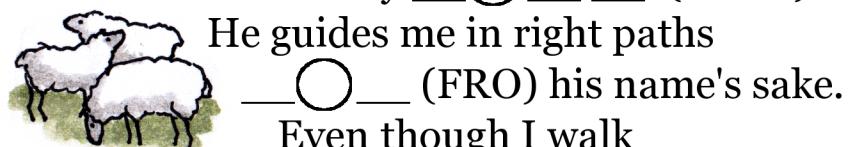
Who is this Psalm about?

Unscramble the letters in blanks and use the ones in circles to fill in the answer at the bottom!

In O          (EGRNE) pastures

he gives me repose;  
beside restful waters he leads me;

he refreshes my O    (LOSU)



He guides me in right paths

O (FRO) his name's sake.

Even though I walk

in the O    (AKRD) valley

I fear no evil, for you are at my O    (IEDS)

with your rod and your staff

O (HATT) give O (EM) courage.

You O    (EADSRP) the table before me

in the O    (HGTSI) of my foes;

you anoint my O    (EAHD) with oil;

my cup O    (FOWLVOESR).



Only goodness and kindness follow me

all the days of my life;

and I shall dwell

in the house of the O (DOLR)

for years to come.

***This Psalm tells us about the***