# How to be Happy!

In today's Gospel Jesus teaches the eight beatitudes.

Beatitude means happiness.

Here are some ideas on how to live the beatitudes:

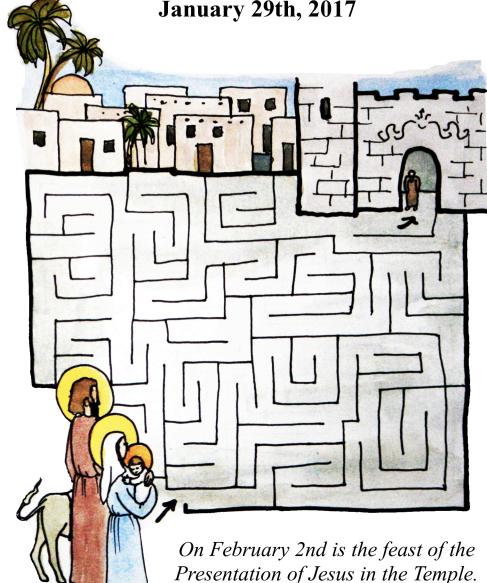
- 1. Blessed are the poor in spirit, for theirs is the kingdom of heaven. If you share your nice things and don't let your stuff be the most important thing in your life then you will be happy.
- 2. Blessed are they who mourn, for they will be comforted. If you are sad now, remember that in Heaven there will be no more suffering.
- 3. Blessed are the meek, for they will inherit the land. Don't be selfish or pushy about things. God will make sure you get everything you need!
- 4. Blessed are they who hunger and thirst for righteousness, for they will be satisfied. If you try to do what is right then God will make the right things happen.
- 5. Blessed are the merciful, for they will be shown mercy. If you forgive other people when they hurt you, then God will forgive you when you are sorry for your sins against Him.
- 6. Blessed are the clean of heart, for they will see God. If God is the center of your life, then your heart is pure and ready to see Him in Heaven when you die.
- 7. Blessed are the peacemakers, for they will be called children of God. God loves peace, and loves it when we try to avoid getting into fights.
- 8. Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven. If you suffer for the truth, God will give you a joyful reward!

Answers to mixed up Beatitudes: right parts and (wrong parts) I poor in spirit (the desert) 2.will be comforted (will smile) 3.Blessed are the meek (busy) 4.will be satisfied (have cakes) 5.are the merciful (those who beg) 6.the clean of heart (the clever) 7.called children of God (called peacemakers) 8.theirs is the kingdom of heaven. (the land of plenty)

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## The Kids' Bulletin

Fourth Sunday in Ordinary Time January 29th, 2017



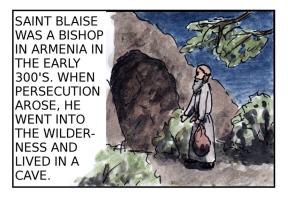
Can you help Mary and Joseph find the

way through Jerusalem to present

Baby Jesus in the Temple?

### SAINT BLAISE

FEBRUARY 3















BLAISE'S
CAPTORS
TORTURED
HIM TO TRY
TO GET HIM
TO GIVE UP
THE FAITH,
BUT HE
WOULD NOT.
FINALLY HE
WAS
BEHEADED.

SAINT BLAISE IS THE PATRON SAINT OF PEOPLE WITH THROAT PROBLEMS, SO YOU CAN PRAY TO HIM IF YOU GET A SORE THROAT. SAINT BLAISE TEACHES US TO BE KIND TO WILD ANIMALS, BUT MORE IMPORTANTLY HE TEACHES US TO NEVER GIVE UP OUR FAITH IN GOD, EVEN UNDER TORTURE.

## Mixed-Up Beatitudes!

There's something wrong with each of these beatitudes. Can you find the problems?

poor in spirit

- 1. Blessed are the poor in the desert, for theirs is the kingdom of heaven.
- 2. Blessed are they who mourn, for they will smile.
- 3. Busy are the meek, for they will inherit the land.
- 4. Blessed are they who hunger and thirst for righteousness, for they will have cakes.
- 5. Blessed are those who beg, for they will be shown mercy.
- 6. Blessed are the clever, for they will see God.
- 7. Blessed are the peacemakers, for they will be called peacemakers.
- 8. Blessed are they who are persecuted for the sake of righteousness, for theirs is the land of plenty.

#### Here are the right answers to the mistakes. Can you fix them?

be comforted the merciful be satisfied clean of heart

poor in spirit
the kingdom of heaven
children of God
Blessed are the meek